

# Mind Science & My Health (MSMH)

ABN: 24 205 447 544



Toowoomba Office: Suite 6, 4 Mylne Street  
Charleville Office: 81A Galatea Street  
Kingaroy Office: 213 Haly Street  
Post: PO Box 6570, Toowoomba West, QLD 4350  
Phone: 07 4638 8464 | Fax: 07 7520 8884  
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[www.mylnestreetmentalhealth.com.au](http://www.mylnestreetmentalhealth.com.au)

## Mind, Science and My Health

(AKA Mylne Street Mental Health)

*Our evidenced-based practices aim to help clients understand and positively influence factors within themselves and others to improve health and performance.*

### HEAD OFFICE

Mylne Street Professional Offices  
Suite 6, 4 Mylne Street, Toowoomba

### CHARLEVILLE OFFICE

81a Galatea Street  
Charleville, 4470

### KINGAROY OFFICE

213 Haly Street  
Kingaroy, 4610

**Access mental health services by telephone, email, or fax request for an initial consultation.**

Ph: 07 4638 8464

Fax: 07 7520 8884

Email: [reception@msmh.com.au](mailto:reception@msmh.com.au)

### Practitioners:

- Michelle Anifetos, Clinical Psychologist
- Alex Leong, Clinical Psychologist
- Sarah Broadbent, Registered Psychologist
- Marc Di Cioccio, Registered Psychologist
- Susie Robinson, Registered Psychologist
- & Post-Grad Students on university placement
- Anita Smith, Registered Psychologist (**Kingaroy Office**)
- Jed Owen, Provisional Psychologist (**Charleville Office**)
- Chloe Tully-Wilson, Provisional Psychologist
- Brooke Moore, Counsellor
- Catherine Fulton, Counsellor

### MSMH® Model of Practice

- Identify health and performance goals
- Assess opportunities for improvement
- Develop competence and confidence
- Enable well-being via evidence-based therapies

### Services:

- Individual Therapy (various treatment models) for
  - Anxiety & mood disorders
  - Anger & interpersonal issues
  - Trauma, grief, loss & separation
  - Attention and behavioural regulation
  - Optimal Performance
  - Asperger's Syndrome & PDD
  - Medical conditions aggravated by stress
- Biofeedback training for improved focus & relaxation (EEG, HRV, tDCS as relevant to needs)
- Clinical supervision; consultancy; & workshops
- Group Therapy & Psycho-education
  - Social & Communication Skills
  - Emotional Regulation
  - Self-reflective Parenting
  - Stress & Coping
- Individual assessments, reports, & treatment plans
  - Intellectual & Learning ability
  - Neuropsychophysiology (including QEEG & ERPs)
  - Social-emotional and behavioural functioning
  - 3<sup>rd</sup> party eligibility: DSPs, EQ Verifications, etc
- *Other...please enquire*

**Fees** vary depending on services provided, locations, and the various funding agreements with 3<sup>rd</sup> parties:

Clinical Psychologist, \$195 - \$240/hour  
Registered Psychologist, \$155 - \$215/hour

Counsellor, \$105 – \$160/hour  
Rural/Remote Health Providers, \$200-\$300/hour

*A 20% discount applies with Health Care Concession cards depending on services required.*

*N.B.: MSMH does not provide bulk-billing services. Funding support depends on eligibility for 3<sup>rd</sup> party support/insurance.*

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